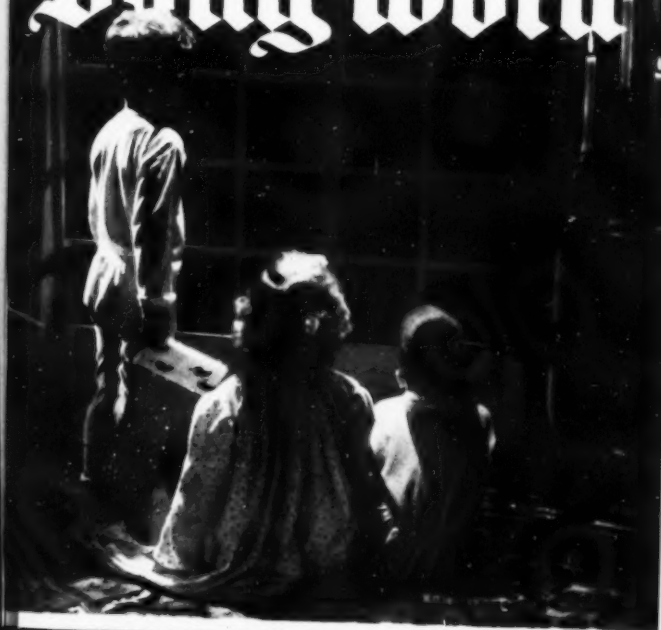


# Daily Word



A UNITY PUBLICATION

DECEMBER 1955

# Class Thoughts

**PEACE . . .** Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

**PRAYER FOR WORLD LEADERS:** Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

**ILLUMINATION (11 a.m.):** The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of light. "The night is far spent, and the day is at hand."

**PROSPERITY (12 noon):** The Spirit that quickened Jesus is active in me, and I am reborn into the Christ consciousness of prosperity and success. Every need is bountifully met.

**HEALING (9 p.m.):** The Spirit that quickened Jesus is active in me, and I am reborn into the consciousness of health and wholeness. "Be strong in the Lord, and in the strength of his might."

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# DAILY WORD

Edited under the inspiration of Silent Unity

Vol. 63

DECEMBER, 1955

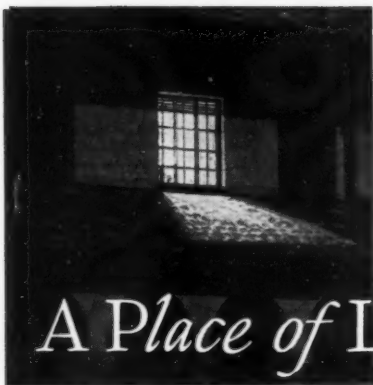
No. 6

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## DAILY LESSONS FOR DECEMBER

1. Household	11. Fellowship	21. Strength
2. Perfect Self	12. Forgiveness	22. Fulfillment
3. Christmas	13. Justice	23. Christ
Planning	14. Healing	Indwelling
4. Peace	(Others)	24. Understanding
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Order	16. Courage	26. Thankfulness
6. Renewal	17. Faith	27. Guidance
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9. Protection	20. Loving	30. Presence
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## SILENT UNITY

IF YOU have ever looked out of your house at night and seen even a small light burning in a window of a house on your street, you know the feeling of comfort this small light gives you, you know how it takes away any feeling of being alone. All of us like the solid assurance that a light burning in a window brings to us. The darkest street has a friendly feeling, if it contains even one lighted window.

This is why people everywhere have told us what it means to them to know that always there is a light in the Silent Unity window. It is solid

reassurance to them to know, even when they wake in the dark of the night, that someone is praying in Silent Unity, that the light is shining. They look down the long street of their thoughts and see at the end of it a small but intense light burning. They know that they are not alone; they know that because the light shines in the Silent Unity window prayers are being offered, words of faith and Truth are being spoken, love is being poured out to all near and far, to all who are within the reach of prayer—and what person is not?

Christmas is a time of light; it is a time when even the plainest house takes on a little glory. A simple wreath in a window proclaims a holiday, a holy day. A Christmas tree twinkling with lights is an enchanting sight to children and grownups alike. We feel the Christmas spirit in Silent Unity. We decorate our rooms with Christmas greens, with glowing candles. We enter into the sparkling spirit of Christmas. Christmas is surely a time of light; the Christmas story glows with light—the star shines, the heavens are radiant with light, the world is bright with welcome for the Christ child at Bethlehem.

And at Christmas time, the light shining in the Silent Unity window seems to take on special significance. It seems to shine more brightly, it seems

to proclaim to all who turn to Silent Unity in thought or prayers, "Jesus Christ is the light of the world, and in Him is no darkness at all." It seems to say, "All is well. God is life, God is comfort, God is peace, God is joy, God is supply. God is in and through us all, here and now."

Like Christmas shining at the end of the long year, so the light of faith shines at the end of the long journey toward it. It does not matter the way you have come, nor how slow has seemed your journey toward light and understanding, the light of Christ, the same light "which lighteth every man, coming into the world," is shining steadily in you and through you and for you. It shines like the Christmas of your life; it brings you gifts; it proclaims the presence of God; it sings songs of rejoicing because of the birth of the Christ in your midst.

If it ever seems to you that your light of faith is dim, if it ever seems to you that you are alone in a dark night of need, will you remember the light that shines for you, the light in the Silent Unity window? Will you remember that there is someone praying with you and for you, someone who loves you and has faith in you, someone who knows that God is in you and with you, someone who believes in the light that shines forever at the heart of your being?







## *All These Things*

NAN HOUSTON

Christmas is holly and mistletoe  
And sparkling snowy weather,  
It is the old sweet carols sung,  
Gay secrets we plan together.

Small stockings, dim in the hearthlog's  
glow,  
Hanging expectantly;  
A hovering angel, a silver star,  
At the top of a fragrant tree.

Christmas is all these things—and more—  
It is loving and sharing and giving;  
The heart within, where Christ is born,  
Awakened to glorious living.



*The following are excerpts from letters written to DAILY WORD. We in Silent Unity wish to thank all of you, our readers, for the letters you write us, for your words of blessing and appreciation. We wish to thank you, too, for the way in which you live with and use DAILY WORD and for the ways in which you pass it and the Unity teaching along to others. We feel a sense of oneness with you, and we rejoice that the circle of our friends is growing larger day by day.*

*From Indiana:*

Through a friend I started receiving DAILY WORD and *Weekly Unity* about a year ago, and I left them lying around the house hoping my husband would read them. At first he didn't. Well, I continued to leave them out and about a month ago during our noon meal I lost patience with my little four-year-old girl. My husband said, "Did you read DAILY WORD today?" I said, "Yes, of

course, I did," and he said, "Well, I did too, and I believe it said you weren't going to become irritable, that you were going to control your temper and have patience." This was the first time I knew he had been reading it.

*APO San Francisco, California:*

I am a G.I. in Korea. Recently my mother sent DAILY WORD to me.

She had always wanted me to read DAILY WORD, but somehow, I never started. I got to Korea and she sent me the subscription to be a blessing to my tour overseas. Friends, it has been such a blessing. I never intend being without a copy, ever. It is reading like this that makes every day one of sunshine and happiness through God's love!

Thank you so much for your wonderful work, and from *many* of us, God bless you.

*From New York:*

May I tell you how I became acquainted with DAILY WORD? One day about three years ago, I was particularly discouraged and downcast. I was in the subway; my thoughts were far away. The person next to me got off at the station before mine, and as I glanced at the empty seat next to me I saw a little booklet there, torn in half. I

picked it up, for it seemed to look like such a sad little book. I didn't know at the time what it contained.

That night I noticed the little torn book on my night table. I had not looked at it yet. I picked it up and read it. I did not put it down for an hour. I slept like a baby. It held message after message that lifted me up and gave me a new lease on life. I feel that it was a message from heaven especially to me at a time of very low ebb in my life.

*From Hawaii:*

Since reading my first DAILY WORD I have become a better mother to my three little children. I used to feel that I was inferior to other women as a cook, housekeeper, and mother, and wife. Now in spite of the fact that my baby boy is just six months old, the next boy twenty-two months, and the girl six years of age, I manage to keep my house neat and clean, have cookies baked for coffee time and for the children, and a good dinner for all each evening. I sing in my church choir every Sunday, and am beginning to feel a serenity in God's work, which I've always longed for.

*From California:*

I have been reading your literature for years.

As it has helped me, I have helped others. I sent out ten DAILY WORD's last month and got such a rich response. One woman, who is in the grocery business, had almost decided to take one of her customers to court, but changed her mind and left it in the hands of the Lord after reading DAILY WORD. Another who seldom reads the Bible is reading it every day and enjoys it. Another one found it so helpful in her work. Everyone had something helpful to say.

*From Canada:*

In the very center of our four-room house sits our radio. On the very center of it stands the center of my life and affairs. Yes, DAILY WORD.

No matter what doubt or fears assail me, I make a beeline for my DAILY WORD from any room in the house.

#### **ATTENTION REGULAR SUBSCRIBERS**

The heavy holiday mail often causes delay in magazine delivery during the Christmas season, so the January issue of your Unity periodicals may be slow in reaching you. But practically no mail is lost in this seasonal rush, and we shall appreciate your waiting patiently for the January issue of YOUR magazine to arrive.

Thank you for your patience and co-operation!

# Thursday

DECEMBER 1

GOD BLESS THIS HOUSEHOLD.

ALL OF us want a happy household, we want joy to reign, we want the members of our family to live in love and peace with one another. If our household is not as contented or happy as we should like, we can bring a blessing to it by establishing in ourselves a realization of the loving presence of God in our midst.

One person in a household who holds fast to Truth, one person in a household who beholds the loving, living presence of God in every other member can be a true center of peace. "A little leaven leaveneth the whole lump," and a little love, a little faith stirs a wonderful response where it is expressed and used.

If there are heavy hearts in a household, if there are long faces, if cross words are spoken, it takes but one person with a loving heart and mind and spirit to change the picture, to be a "light to make it glad." You can be that one. You can be that one today. You can bring a blessing of love and peace and joy to your household today.

*Peace be within thy walls,  
And prosperity within thy palaces.*

—PSALMS 122:7.

DECEMBER 2

## Friday

I AM A BELOVED CHILD OF GOD, PERFECT IN EVERY WAY.

WE ALL know that it is a mistake to condemn others. As we go forward in Truth and love we are convinced that we must look for the perfection that exists in everyone.

But perfection, like charity, may begin at home. How many times have we called ourselves failures, thereby inviting failure! How many times have we thought of ourselves as prone to sickness, thereby inviting sickness! How many times have we anticipated unhappiness or lack, thereby inviting them!

Today I resolve to reverse my thinking. When I am tempted in little ways to call myself less than perfect, I shall quietly affirm, "I am a beloved child of God, perfect in every way."

Each time I repeat this statement I move closer to divine perfection. I am more aware of myself as a spiritual being.

♣ *Behold what manner of love the Father hath bestowed upon us . . . Beloved, now are we children of God, and it is not yet manifest what we shall be.—I JOHN 3:1, 2.*

# Saturday

DECEMBER 3

THE CHRIST SPIRIT OF WISDOM AND LOVE IS EXPRESSED IN AND THROUGH ME, AND I AM WISELY AND LOVINGLY GUIDED IN ALL MY GIVING.

AT THIS time of year, when our thoughts are dwelling on Christmas, many of us are trying to decide to whom we shall give some remembrance and what it shall be. It is well for us to take time to be quiet and to give prayerful thought to all that we do. Through prayer God's wisdom and love will guide us wisely and lovingly in all our giving, and the way will be easy and happy for us.

Christmas, in many aspects, seems to be represented by the spirit of giving. It is only natural that the love in our hearts for family, dear ones, and friends should be expressed in the form of a gift. If you feel that your finances limit your giving, you can, through prayer, find the way to do the things you want to do. If your giving is tempered with love and wisdom you are never prompted to give beyond your means, but your gift is from your heart and truly expresses your love and joy in giving.

♣ *They offered unto him gifts.*—MATT. 2:11.



DECEMBER 4

## Sunday

HEAVENLY FATHER, LET THERE BE LOVE AND PEACE ON EARTH, AND LET THEM BEGIN IN MY HEART.

SILENT UNITY prays daily for world peace. We pray for the guidance and direction of world leaders. We ask God to give strength, courage, and wisdom to those who are in places of responsibility and authority in our government and in the governments of all nations.

We pray, "Let liberty, justice, righteousness, and peace be established throughout the world, in the name of Jesus Christ." And we pray for ourselves and all persons in the world, "Heavenly Father, let there be love and peace on earth, and let them begin in our hearts."

We ask our DAILY WORD friends to use these prayers with us. Pray with us for world peace, and pray with us for peace in individual hearts and lives.

As you pray "Heavenly Father, let there be love and peace on earth, and let them begin in my heart," you will be established in peace, and you will radiate a blessing of peace wherever you are.

♣ *The LORD will bless his people with peace.*—PSALMS 29:11 (A.V.).

# Monday

DECEMBER 5

DIVINE ORDER IS NOW ESTABLISHED IN  
EVERY PART OF MY LIFE.

I RECOGNIZE that divine order is heaven's first law and I do my best to hasten its manifestation in every part of my life.

I begin by establishing order in my thoughts, and as these become more orderly, I begin to see results in my life and affairs. I do my best to establish order in my daily routine and I soon find it beginning to appear in things that have heretofore seemed fraught with confusion.

I find that every function of my body is brought into harmony with the over-all pattern of order, as I affirm divine order in mind and body.

I give thanks as I recall that I am one with the same law of order that keeps the planets in their orbits and causes the seasons to follow each other in proper sequence.

I have faith that all things in my life are being irresistibly drawn into the pattern of my highest good. Every experience in my life has something to contribute to my understanding and to my ultimate happiness.

♣ *Let all things be done decently and in order.*—I COR. 14:40.

DECEMBER 6

## Tuesday

I WAIT UPON THE LORD AND I AM RENEWED  
IN SPIRIT, MIND, AND BODY.

THE TIME I spend in prayer, waiting upon the Lord, is rewarding and enriching. I do not allow myself to feel that I am so pressed for time that I cannot turn aside from the tasks before me to commune with my indwelling Lord. I take time to relax from the demands of the day. I take time to renew my spirit, mind, and body in prayer.

In prayer I still my mind. I say to my mind, "Be still." I relax my body. I say to my body, "Relax and let go." My mind and spirit are attuned to the Mind and Spirit of God.

Prayer enables me to do the things I need to do with an alert mind, a receptive mind, with a calm, poised spirit, and a renewed and revitalized body. All that I long to accomplish, I can accomplish easily and quickly. Even amid interruptions or unexpected demands on me, prayer enables me to build up a reserve of strength and patience.

Prayer is an invaluable part of my life. Each day prayer renews me in spirit, mind, and body.

♣ *They that wait upon the LORD shall renew their strength.—ISA. 40:31 (A.V.).*

# Wednesday

DECEMBER 7

THE ALMIGHTINESS OF GOD THROUGH CHRIST  
IN ME FREES ME FROM EVERY INHARMONY,  
AND RESTORES ME TO HEALTH AND WHOLE-  
NESS.

HAVE YOU ever experienced a deep desire for the healing power of Jesus Christ in order that you might be restored to health and wholeness or that you might help a loved one or a friend? If you have, you need only to call it forth, for in you is the same divine spark of the Christ that lighted up the man Jesus.

Charles Fillmore says, "No one ever went down to defeat who in his hour of need declared the almightiness of God through Christ." Think of it! The almightiness of God is in you, ready and waiting to come forth into manifestation through the Christ in you. You need not go down to defeat; nothing can withstand the almightiness of God, so claim your Christ power now.

In faith and confidence declare that the almightiness of God through Christ in you frees you from every inharmony.

♣ *He that believeth on me, the works I do shall he do also; and greater works than these shall he do.*  
—JOHN 14:12.

## I AM RICH IN GOD.

WHEN WE take an affirmation such as this we arouse our faith in God as the source of our supply. Just as an affirmation of life and strength stirs up the life principle in our bodies, so an affirmation of richness stirs up rich ideas in our minds. It is as right and as natural for us to be prosperous as it is for us to be healthy.

If we have thought of our supply as limited, let us declare today that it is unlimited, for our supply comes from God, the inexhaustible source of all good. If we have felt that our lives are narrow or restricted, if we have felt bound by lack of education or preparation, let us declare today that we are not bound, that we are free to grow and to learn, we are free to expand our minds, our ideas, our consciousness.

We need never be bound by belief in lack. We can set ourselves free from this belief by affirming again and again that we are one with God, that His Spirit is in us, that His intelligence is in us, that His infinite supply is for us, that it comes through us.

♣ *Both riches and honor come of thee.*—I CHRON. 29:12.

## Friday

DECEMBER 9

GREATER IS HE THAT IS IN ME THAN HE THAT  
IS IN THE WORLD.

WHEREVER I go, whatever I do, whatever my needs, I am sustained and supported by the conviction that God is with me, that His spirit in me is greater than any situation or problem.

When I remind myself that greater is He that is in me than he that is in the world, I rise above feelings of fear or insecurity, above feelings of self-doubt or inferiority.

I know that there is a greatness of spirit in me, because God is in me. Living, thinking, speaking, acting from the consciousness of the greatness of Spirit in me, I am strong, I am unafraid, I am assured, I am successful.

There is no circumstance, no condition, no need that cannot be met by relying on the inner power that is mine, the inner wisdom that is mine, the inner strength that is mine. I will remember to rely on this inner man in all things, I will know that through the power of the inner Christ all things in the outer are made perfect.

♣ *Greater is he that is in you than he that is in the world.*—I JOHN 4:4.

# Saturday

I CANNOT BE BOUND BY LIMITATIONS OF ANY KIND. THE INDWELLING CHRIST LIGHTS MY WAY TO FREEDOM AND SATISFACTION.

**W**HEN I need freedom from some limitation or undesirable habit, I do not depend on human will power. Within me dwells a power much greater, a power that is able to set me free.

This power is the Christ.

The power of the Christ guides and directs me in ways of satisfaction and freedom. Christ in me cannot be bound. In Him I am free.

I turn to my indwelling Christ. I yield to Him my desires, my emotions, my limitations. I know that only Christ can win the victory for me and through me. I give expression to the Christ.

I know that through the power of Christ I can express something more wonderful, more satisfying than anything I have ever known. I put my faith in the indwelling Christ.

I let His light shine through me and lead me into freedom, satisfaction, and the fulfillment of my heart's desire.

♣ *The LORD is my light and my salvation; whom shall I fear?—PSALMS 27:1 (A.V.).*

## Sunday

DECEMBER 11

"WHAT A FELLOWSHIP, WHAT A JOY DIVINE,  
LEANING ON THE EVERLASTING ARMS."

IT IS comforting to know that others are seeking light and understanding, even as we are, that we are not alone in our efforts to grow spiritually. Let us rejoice in friendship and fellowship with those around us who are walking the same path. Let us rejoice also in the fellowship of spirit, the feeling of closeness we have with those who may be far away in terms of miles, but who are close in mind and heart.

Wherever we are we can feel this fellowship of spirit with others who are praying and growing even as we are. We can feel this fellowship of spirit with men and women around the globe who read the DAILY WORD lessons every day. We can feel close to all of them.

Is not this fellowship of the spirit a perfect antidote when a feeling of loneliness comes upon us? At such times we need to know the presence of God and to feel close to Him, but it is also a comfort to feel close to others who are striving, as we are, to know and to experience God.

♣ *But if we walk in the light, as he is in the light, we have fellowship one with another.—I JOHN 1:7.*

## Tuesday

DECEMBER 13



DECEMBER 12

*Monday*

TODAY I GIVE THANKS FOR GOD'S PERFECT  
GIFT OF FORGIVENESS.

I AM thankful today that through the Christ in me I can willingly forgive persons who seem to have wronged me. I am glad to let go of unforgiving thoughts, for they hurt me more than any person could possibly hurt me by his actions. Bitterness, anger, hatred—I cast these out of myself through the power of the loving Christ in me.

I am thankful that I can forgive others, but I am thankful too that I can forgive myself. If in the past I have committed wrong actions, I do not brood over them. I do all I can to set things right, and I live my present life in such a way as to set me free from the past. But I do not darken my world with useless regret.

I know God forgives me. "I will forgive their iniquity, and their sin will I remember no more." Surely, if He forgives, I cannot refuse to do so.

I thank God for His precious gift of forgiveness, for the peace of mind and happiness of heart His love brings to me.

♣ *I will forgive their iniquity, and their sin will I remember no more.—JER. 31:34.*

## Tuesday

DECEMBER 13

GOD'S LAW OF JUSTICE IS AT WORK IN MY LIFE AND AFFAIRS, AND I DEAL WITH ALL PERSONS IN A JUST AND FAIR MANNER.

WHEN I allow my life to be governed by God's law of justice I deal in a just and fair manner with others, and I can expect them to deal with me in a like manner. When occasions arise in my life that cause me to feel that I am not given proper consideration by others or when there is some adjustment to be made in my affairs, I hold fast to my belief in God's law of justice, I affirm my faith in His spirit of order, peace, and righteousness.

When I realize that God's law of justice works in me, through me, and for me, I am able to let go of hurt feelings and grievances. If I am wrong I trust Him to reveal my error to me and to show me the right way. I am willing at all times to give full value for all that I receive, for I know there is no real gain in trying to get something for nothing. God works through me and through all persons to bring full rewards for work that is well done.

♣ *I will sing of lovingkindness and justice.—PSALMS 101:1.*

DECEMBER 14

*Wednesday*

GOD IS LIFE.

ALL of us know of someone—a dear one, a friend, an acquaintance—who needs healing. Today let us give him the blessing of our faith, the power of our prayers. In praying for the healing of another, we need to remember always that we of ourselves do not do the work, that God is the healing power. When we are in tune with God, when we open our minds and hearts to the realization of His life-giving presence in us and in those for whom we pray, we act as channels of life and strength. Our faith helps to increase the faith of the one for whom we pray. Our realization that we “live, and move, and have our being” in the life of God, strengthens the consciousness of the one whose need has come to our mind. We help him most, not by thinking of his need, not by wondering if he can be healed, but by holding firmly to the realization that God is with him, that God is in him, that the life of God permeates and penetrates every cell of his body, renewing, strengthening, healing, and making him whole.

♣ *And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.*—MATT. 21:22.



# The Miracle of Christmas

MARTHA SMOCK

Not Herod in his palace,  
Not mighty men or strong,  
But simple shepherds keeping watch  
First heard the angels' song.

Their names are not remembered,  
Who knows their lives or ways?  
We only know that heavenly hosts  
Sang them their songs of praise.

The miracle of Christmas  
Had its beginning when  
God sent His greatest message  
To ordinary men.

# Thursday

DECEMBER 15

I AM ILLUMINED BY THE LIGHT OF GOD.

THE LIGHT of God so full and free is the light of my life. It has shown steadily and brightly from the very beginning when God said, "Let there be light: and there was light." Never for one moment has the light of God grown dim or gone out. It shines clearly and freely all the time. If I feel that I am in darkness all I need to do is to turn toward the light of God, and I am illumined.

When I look to God for light to solve some problem in my life, new ideas flow into my mind. I pray not only for light but for the will to act on these ideas and to put them into operation in my life.

I let God's light shine in my life. I let my thoughts rest in God. I rely on His Spirit to fill my mind with true ideas. I look to him for counsel and guidance. I give thanks that I am illumined by the light of God; I give thanks for the courage and the ability to put God's ideas into action in my life.

I am illumined by the light of God.

♣ *God is light, and in him is no darkness at all.—I JOHN 1:5.*

## Friday

NO SITUATION IN MY LIFE CAN DISMAY ME.  
I AM COURAGEOUS, FOR I KNOW THAT GOD  
IS TAKING CARE OF ME.

**N**O MATTER what situation I have to meet today, I remember that God is always with me, that He loves me and is taking care of me. I will remember the words,

"Be not dismayed, whate'er betide,  
God will take care of you;  
Beneath His wings of love abide;  
God will take care of you."

I trust God, no matter what my need, and I know there is a right answer to every problem. Through prayer I am uplifted and helped. Even as there is always a right answer, there is always something I can do to co-operate with God in bringing this answer forth. I need a clear mind and a receptive heart in order to receive God's guidance. He is my help in every need and He is always with me, taking care of me. No matter how serious the need or how desperate the situation according to the human appearance, I will abide "beneath His wings of love."

♣  *Casting all your anxiety upon him, because he careth for you.—I PET. 5:7.*

# Saturday

DECEMBER 17

I HAVE UNWAVERING FAITH IN GOD. I AM WILLING TO TRUST EVERYTHING IN MY LIFE TO HIS LOVE AND WISDOM.

I AM not afraid to trust God, for I know that He is unfailing love and wisdom. I am willing to let Him govern my affairs and this gives me peace of mind. When I stop outlining how my good shall come, when I relax my hold on things or persons in my life, then I open the way for God to bring my highest good to me. I know that I cannot lose my good, neither can any blessing be withheld from me, when I really trust God.

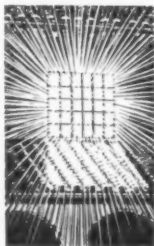
God's love comforts and uplifts me. His wisdom guides and enlightens me. He gives me courage, and I let go of fear and worry. My faith is renewed as I trust God with all my heart. My way is made plain as I trust His guidance and act as He directs. I see every experience as part of His unfolding good for me.

There is no problem that I cannot trust to His care. There is no need so great but that faith will open the way to right fulfillment.

♣ *Thou shalt be secure, because there is hope.—JOB 11:18.*



## *Blest Be Your Christmas*



WHEREVER you are, however you celebrate Christmas, you may be sure that there comes to you from the heart of Silent Unity a benediction of love.

The lessons for December 18 through December 25 have been prepared especially to bless you at this time. As you read these lessons, as you meditate on them, as you pray with us daily, open your heart and mind to receive the blessings that Silent Unity is pouring out upon you.

We shall be praying with you especially during the coming week for peace and poise, life and strength, supply and orderly affairs, for joy and happiness.

We pray that this may be the most wonderful and beautiful Christmas of your experience.

God bless you and yours,

*SILENT UNITY*

# Sunday

DECEMBER 18

MY THOUGHTS AND FEELINGS ARE CENTERED  
IN GOD, AND I AM PERFECTLY POISED.

**D**URING this Christmas season I keep perfectly poised by keeping my thoughts and feelings centered in God.

If there seems to be a press of affairs around me, if there seems to be a great demand on my time and energy, I find peace in the midst of turmoil by saying to myself over and over, "God first." When I give God first place in my thoughts and affairs, then other things fall into their right order. A balance is achieved; there is a realization of composure and stability, of peace permeating my mind and my world.

As I keep my thoughts and feelings centered in God, I distribute my time and effort and energy properly. I go about my affairs calmly, I do the things that need to be done in the order of their importance or urgency. Whatever I do, I do it in the realization that God is with me; wherever I go, I go in the realization that God goes with me.

My thoughts and feelings are centered in God, I am perfectly poised, perfectly at peace.

♣ *Thou wilt keep him in perfect peace whose mind is stayed on thee.—ISA. 26:3.*

# Monday

I GIVE THANKS EVERY MOMENT OF THIS DAY  
THAT THE LORD IS DIRECTING MY STEPS AND  
BLESSING MY AFFAIRS.

I BEGIN this day with the thought that the Lord is directing my steps and blessing my affairs. With this realization I do not become disturbed or upset if plans are changed, if interruptions come when I am busy, if I am called upon to do something unexpected. I see in and through all things a divine order, a divine purpose, and I flow along with it.

I refuse to become set in my ways. I refuse to expect or to demand that things go exactly according to my schedule. I am open and receptive to divine guidance hour by hour, moment by moment. I do the work at hand to the very best of my ability; I plan my affairs with the greatest wisdom and good judgment of which I am capable, but I remember too that God's ability is greater than my ability, that His judgment is greater than my judgment. In my planning and working I do not leave God out. I keep ever open and receptive to His direction and guidance.

♣ *A man's heart deviseth his way: but the LORD directeth his steps.*—PROV. 16:9 (A.V.).

## Tuesday

DECEMBER 20

NOTHING CAN ANNOY ME OR DISTURB ME, FOR MY THOUGHTS AND MY FEELINGS ARE FILLED WITH THE LOVING SPIRIT OF GOD.

MANY times it is easier for us to feel loving toward mankind in general than it is to be loving toward mankind in particular. But our reactions toward the little incidents of every day are important and revealing.

If we find ourselves easily irritated by the idiosyncrasies of another, if we are annoyed by the way someone responds to a situation, if we are disturbed by the personalities of others, we need to let more of God's loving Spirit express itself through us.

There is a Spirit in us which is great and impersonal and loving. When we let this Spirit find expression through us we are lifted out of personal, petty thinking, we are lifted out of critical or negative states of mind. Our thoughts and feelings are filled with love.

Especially at Christmas time, which is the season of love incarnate, it is good to think about and work toward a greater expression of God's loving Spirit in and through us.

♣ *If I . . . have not love, I am nothing.*—I COR. 13:2.

DECEMBER 21

## Wednesday

I AM FILLED THROUGH AND THROUGH WITH  
THE LIFE, STRENGTH, AND ENERGY OF GOD.

**H**AVE you ever thought how responsive your body is to your thoughts and feelings? If you are depressed and downhearted, your body feels it, if you feel tense and hurried, your body becomes tense and tired. We all have experienced these reactions. But, conversely, our bodies respond to our positive thinking just as readily.

To say words like "I am filled through and through with the life, strength, and energy of God" with strong conviction, even if we at the moment do not feel especially strong, will stir up feelings of life and strength in us. The life and intelligence in our bodies respond to ideas like this, and we seem to feel an upsurge throughout our entire being.

Think of yourself as filled with the healing life of God. Affirm that you are filled through and through with life, strength and energy. Not only will your body respond with a new flow of strength, but your mind and your emotions will be strengthened and uplifted also.

♣ *He giveth power to the faint.*—ISA. 40:29.

# Thursday

DECEMBER 22

ALL GOOD THINGS COME TO PASS IN MY LIFE  
THROUGH THE FULFILLING SPIRIT OF CHRIST  
IN ME.

THE account of Jesus' birth in The Gospel According to Luke begins with the words, "Now it came to pass." These are good words to remember and to think about at Christmas time.

How long the world had waited for the Christ! How great men's hopes, how fervent their prayers, how inspired their prophecies concerning His coming! And "now it came to pass," God's perfect answer to man's long-felt need.

And so in our individual lives there are things we wait for, hope for, pray for. And these things come to pass in us through the birth of the Christ in our own being. God's perfect answer to our longing is the gift of His own Spirit, the Christ Spirit. The realization of the presence of the Christ in us is the end of our search for light and understanding; it is the beginning of new life and fulfillment for us.

Let us rejoice that all good things come to pass in our lives through the Christ in us.

♣ *Now it came to pass.*—LUKE 2:1.

## Friday

THE CHRIST IN RADIANT SPLENDOR IS DWELL-  
ING IN ME NOW.

THERE IS a spirit in man, a spirit eternal, triumphant, and glorious, a spirit forever free, pure, and radiant. This spirit is the Christ. "Christ in you, the hope of glory." Christ is God's gift to every man. Christ has been given to us to express and radiate.

Christ abides in me now. I am awakened to this truth. I rejoice in this truth.

Eternal life is mine through Christ. Every part of my body now responds to this realization. I feel a quickening, a new glow of life throughout my body.

Freedom is mine through Christ. The Christ light suffuses my whole being. I walk in the light. I am illumined and transformed by the inner light.

Christ is dwelling in me in radiant splendor. This is the tidings of great joy.

This is the realization that brings us into union with God.

♣ *The mystery which hath been hid for ages and generations . . . which is Christ in you, the hope of glory: whom we proclaim, admonishing every man and teaching every man in all wisdom.—COL. 1:26, 27.*

# Saturday

DECEMBER 24

THE GLORY OF THE LORD SHINES ROUND ABOUT ME, AND HIS SPIRIT ILLUMINES ME.

**S**ILENT UNITY blesses you at Christmas with light and understanding. Our prayer is that the glory of the Lord may shine round about you, that His Spirit may illumine all your ways.

We pray that the light of the Lord may shine so brightly in your heart and life that no trace of darkness will remain. We pray that in the heavens of your mind the angel's song is heard, that in the cradle of your heart, the Christ is born. We pray that you may partake of the wonder and the glory of Christmas; that this Christmas may be an unforgettable experience for you.

We bless you, wherever you are. We see you filled with light; we see your whole being radiant with light, permeated with light. We see your world bathed in the holy light of Spirit; we see you transformed.

God bless you at Christmas with light and understanding.

✦ *And an angel of the Lord stood by them, and the glory of the Lord shone round about them . . . And the angel said unto them . . . behold, I bring you good tidings of great joy.—LUKE 2:9, 10.*



DECEMBER 25

## Sunday

BLEST BE YOUR CHRISTMAS, WHEREVER YOU  
ARE.

**B**LEST be your Christmas, wherever you are,  
For a blessing knows neither near nor far;  
Those who pray together are never alone.  
The wonderful Christmas light that shone  
In Bethlehem and the light that glows  
In our window of prayer, like a Christmas rose,  
Are the selfsame light, for they shine for Him  
Who is Light itself. His light never grows dim.  
The light in our window is only there  
Because in our hearts there's a light of prayer,  
And we pray in the name of Him who came  
To give to all who ask in His name.  
And this is the prayer we make: We pray  
That God's love bless all you love today,  
Wherever you go, whatever you do,  
May an inward stillness go with you.  
May your body have strength and your heart a  
lift:

May Christ Himself be your Christmas gift!

♣ *Whereby the dayspring from on high shall visit us.*  
—LUKE 1:78, 79.

# Monday

DECEMBER 26

MY HEART IS SINGING A SONG OF PRAISE TO  
GOD.

**Y**ESTERDAY was a day of gift giving, it was a day when words of thanks and appreciation were heard on every hand. It was the culmination of the days and weeks of preparation for a holiday of love and joy.

It is good for us to remember, on this, the day after Christmas, that Christmas is more than a day, that Christmas is a spirit. We can keep this spirit alive in our hearts, we can keep this spirit alive in our human relations, we can keep this spirit alive in the world by keeping the spirit of Christmas alive in our hearts. The spirit of Christmas is one of joy and praise and thanksgiving. The spirit of Christmas brings us joy, not because of the outer celebration of the day, but because of the inner meaning of the day. The meaning of Christmas gives reason and purpose to all that we do; for the meaning of Christmas is that Christ is born in human hearts.

My heart is singing a song of praise to God today for the wondrous gift of Christ to the world.

♣ *Glory to God.*—LUKE 2:14.

I HAVE FAITH THAT GOD IS WITH ME AND  
THAT HE GUIDES ME AT ALL TIMES.

I HAVE faith that God guides me continually in ways that enable me to grow and achieve true happiness. In retrospect I can see that God in His wise, loving way has never failed to lead me into the path that would benefit me most at the time. Every experience that has come to me has enabled me to grow in wisdom, love, and understanding.

In times of doubt and indecision I will remember that God has unfailingly brought me through every experience safely and triumphantly, that He has been with me constantly and continually even in times when I felt alone.

I treasure the knowledge and understanding I have garnered from past experiences. I treasure the realization I have gained of God's loving, abiding presence. This realization strengthens me now to go forward confidently to greater growth, new happiness, new experiences.

I am never alone. God is with me.

*Whither shall I go from thy Spirit?  
Or whither shall I flee from thy presence?*

—PSALMS 139:7.

# Wednesday

DECEMBER 28

I EFFICIENTLY AND FORCEFULLY EXERT THE  
DIVINE POWERS THAT ARE WITHIN ME.

**I**F I WOULD be a person of dynamic energy I must efficiently and forcefully exert the divine powers that are within me. I must "stir up the gift of God" that is within me.

I feel full of energy, life, and enthusiasm when I put myself wholeheartedly into whatever is before me to do. The more I give of myself to life, the more energy I possess. Energy is power in action. So when I put into action my God-given powers of intelligence, love, faith, understanding, will, strength, then my energy is renewed, I am borne up, as it were, on "wings as eagles."

This day I affirm my potential power as a child of the Most High, and I put my affirmation into action. I think of myself as strong and capable, I act with keenness of thought, with clearness of purpose, with joy of heart, with enthusiasm of spirit. All through this day I shall feel new life released through me, I shall feel new energy pouring through me.

✦ *Stir up the gift of God, which is in thee . . . For God gave us not a spirit of fearfulness; but of power and love and discipline.*—II TIM. 1:6, 7.

DECEMBER 29

## Thursday

MY WORDS ARE WORDS OF LOVE AND PEACE.  
I FAIRLY BUBBLE WITH JOY AND HAPPINESS.

I KNOW that the love of God is a harmonizing force. I take hold of every opportunity to be loving toward those around me. I radiate a friendly, warm spirit, the spirit of gentleness, patience, and lovingkindness. I express God's love toward those I meet from day to day.

I express the love of God by being kindhearted, friendly-spirited, peace-loving, gentle of demeanor, and harmonious with those around me. I try not to say or do anything to offend my family, friends, or co-workers. My words are words of love and peace. I fairly bubble with joy and happiness.

I am renewed and given a new lease on life as I give expression to the love of God. My disposition is sweetened by the love of God flowing freely through me. My human relations are harmonized and made perfect by the love of God finding expression through me. Life becomes a pleasant and delightful adventure, and peace, contentment, and happiness are mine.

✦ *Live in peace: and the God of love and peace shall be with you.*—II COR. 13:11.

THY PRESENCE OVERSHADOWS ME: THY LOVE  
FOLDS ME ROUND ABOUT.

**O** LOVING Father-God, I feel Thy presence close about me; I feel Thy love strong upon me. In the silence where I meet with Thee I need no words to reach Thee, I need no hands to touch Thee, I need no voice to speak to Thee. Every beat of my heart tells me that I live in Thee; every breath I draw proclaims Thine utmost care. Beyond words, beyond thought I reach for Thee and find Thee close, closer than heartbeat, nearer than life's breath.

In Thy presence I realize what Thou hast tried to tell me all the time; that there are not two of us, but only one. "I in them, and thou in me."

I have thought about Thy love, about Thine eternal life, about Thy good and perfect will. Now Thou dost reveal Thyself to me, now I know that Thy love is my love, Thine eternal life is my life, Thy good and perfect will is my will.

All my being sings hymns of joy in Thy Holy presence, O loving Lord, and every part of me insistently proclaims, "We are one!"

\* *I in them, and thou in me, that they may be perfected into one.*—JOHN 17:23.

# Saturday

OLD THOUGHTS AND OLD CONDITIONS ARE AS WATERS THAT HAVE PASSED AWAY. IN CHRIST I AM READY FOR NEW LIFE, NEW STRENGTH, NEW POWER.

ON THIS the last day of the year let us release old thoughts and old conditions; let us know that we are not bound by them, that they are "as waters that are passed away."

Let us know that a cleansing process has taken place in our minds, bodies, and affairs, that consciously and subconsciously we have let go of all negative beliefs.

A new year lies ahead of us, a new life lies ahead of us. We can enter into the new year, into the new life in Christ, free and unburdened by old thoughts of hurt or hate or happiness; we can enter the new year, the new life, free and unfettered by old circumstances or conditions. In Christ we are ready for new life, new strength, new power, new thoughts, new circumstances, new conditions. In Christ we are new creatures.

♣ *Wherefore if any man is in Christ, he is a new creature: the old things are passed away; behold, they are become new.—II COR. 5:17.*

## FOR THE COOKS IN YOUR FAMILY



In selecting Christmas gifts for your friends and loved ones, be sure to remember the new *Unity Vegetarian Cookbook*, which was introduced just this fall. This attractive, blue-and-silver volume includes recipes which visitors at Unity often request for many of the tasty dishes served in Unity Inn, one of the largest vegetarian cafeterias in the world, which has long been recognized for its outstanding vegetarian cookery.

In addition to its more than three hundred recipes, the *Unity Vegetarian Cookbook* includes twelve black-and-white photographs of Unity Village scenes, three pages of table blessings for children and adults, advice on menu planning, five pages on various herbs and their uses, a dietary constituents table, and an article on vegetarianism.

The fortunate cook who receives one of these new cookbooks will appreciate not only its fascinating contents, but also its washable cover and pages that lie flat or stand open on the counter when in use. The *Unity Vegetarian Cookbook* is priced at only \$1 a copy, and you will want to order one for each cook on your gift list.

UNITY SCHOOL OF CHRISTIANITY  
LEE'S SUMMIT, MISSOURI



# Especially for Christmas

## A NEW UNITY GREETING BOOKLET

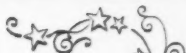
The new Christmas Greeting Booklet for 1955 is entitled *Greetings, Friend*. It brings a full measure of the true Christmas spirit to all who receive it. *Greetings, Friend* includes poems by Frank B. Whitney, R. H. Grenville, Ernest C. Wilson, Mabel Hatton Marks, and Della Adams Leitner, as well as short articles by George E. Carpenter, Marcus Bach, William A. Clough, and others to give Yuletide inspiration. The lovely winter farm scene on its cover gives the booklet a fresh beauty.

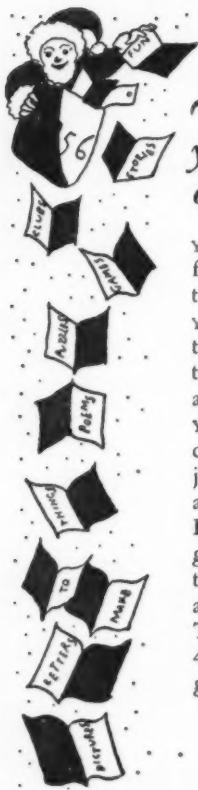
Unity Greeting Booklets come to you complete with special Christmas envelopes, ready to be addressed and mailed to your friends. They are priced at 10 cents each, or 12 for \$1.

### Complete List of Christmas Greetings Booklets

<i>Holy Bread</i>	<i>Greetings, Friend</i> (new)
<i>Christmas Blessing</i>	<i>God Is Blessing You Now</i>
<i>The Christmas Spirit</i>	<i>I Wish You Merry Christmas</i>
<i>For Thy Benediction</i>	<i>God Bless Your Christmas</i>
<i>The Mental Equivalent</i>	<i>Merry Christmas to You</i>
<i>The Gift Imperishable</i>	<i>The Week Before Christmas</i>

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*When you give*  
**w e e w i s d o m**  
*you give such a number  
of wonderful things!*

YOU GIVE a whole year of wholesome fun—a gift that repeats itself twelve times.

YOU GIVE true-to-life stories, gay pictures, games, puzzles, things to do, and things to make—a gift to be enjoyed alone or shared with a group.

YOU GIVE the opportunity to meet other children throughout the world, a club to join, and a chance to see their own literary efforts in print.

But most of all, YOU GIVE the boys and girls to whom you send WEE WISDOM the good fortune to absorb Truth as they are entertained.

This Christmas send every youngster 4-12 on your list the gift that keeps on giving—WEE WISDOM.

Still just \$2 a year

**w e e w i s d o m**

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# UNITY BOOKS FOR CHRISTMAS-\$1 EACH

*Be!* by James Dillet Freeman. This new book is a collection of Mr. Freeman's inspiring verse and articles. It has illustrations by well-known artist Ilah Marian Kibbey, whose work appears on the cover of each issue of *Weekly Unity* magazine. Price, \$1.



*Be of Good Courage*, by Frank B. Whitney. Poems and short articles by the author who was the first editor of *DAILY WORD*. Price \$1.

*A More Wonderful You*, a collection. Twenty-nine excellent articles on self-improvement by well-known Unity authors. Price, \$1.

*Prayer Changes Things*, by Dana Gatlin. A book on the victorious transforming power of prayer. Contains many true stories. Price, \$1.

*Prosperity's Ten Commandments*, by Georgiana Tree West. Ten absorbing chapters that will help the reader find more good. Price, \$1.

*Prove Me Now*, by Gardner Hunting. The author of this book offers a challenge to prove the Truth and an invitation to take definite steps toward happiness and success. Price, \$1.

*The Story of Unity*, by James Dillet Freeman. The story of the Fillmores and the founding of Unity. Price, \$1. (An abridged edition of the de luxe \$5 book *The Household of Faith*.)

## UNITY BOOKS FOR CHRISTMAS

(These books are \$1 each unless otherwise stated)

### FOR BEGINNERS

A More Wonderful You  
Bel (*new*)  
Beginning Again  
Doctor Houston Speaking  
Favorite Unity Radio Talks  
God a Present Help  
God Is the Answer (*Dutch or English*)  
How I Used Truth (*German or English*)  
Lessons in Truth (*Italian, English, French, German, Russian, Spanish, Dutch, Swedish*)  
Lovingly in the Hands of the Father  
Myrtle Fillmore's Healing Letters  
New Ways to Solve Old Problems  
Peace Begins at Home  
Prove Me Now  
The Great Physician  
The Story of Unity  
Things to Be Remembered  
Unity Vegetarian Cookbook (*new*)  
Whatsoever Ye Shall Ask

### FOR HEALING

Christian Healing (*English or German*)  
Divine Remedies (*French or English*)  
Jesus Christ Heals  
Truth Ideas of an M.D.  
You Can Be Healed (*English or Swedish*)

### FOR THE HOME

You and Your Child (*English or French*)

### FOR PROSPERITY

As You Tithe So You Prosper (50c)  
Both Riches and Honor (*French or English*)  
Prayer in the Market Place  
Prosperity (*English or Italian*)  
Prosperity's Ten Commandments  
Working with God

### FOR INSPIRATION

Best-Loved Unity Poems  
Be of Good Courage  
Mightier than Circumstance  
Prayer Changes Things  
The Household of Faith (\$5)  
The Sunlit Way

### FOR DEVOTION

Bible, American Standard Edition (\$6.50)  
Book of Silent Prayer (50c)  
Keep a True Lent  
Effectual Prayer  
The Silence (50c)

### FOR ADVANCED STUDY

Atom-Smashing Power of Mind  
Christ Enthroned in Man  
Have We Lived Before?  
Know Thyself  
Let There Be Light (\$2)  
Metaphysical Bible Dictionary (\$5)  
Mysteries of Genesis  
Mysteries of John  
Selected Studies  
Talks on Truth  
Teach Us to Pray (*English or French*)  
The Twelve Powers of Man  
What Are You?

### FOR CHILDREN

Adventures of the Seven Spartans  
Barky's New Home  
Barky and His Friends  
Crybaby Kangaroo  
Jet's Adventures  
Jet and the New Country  
Jet's Choice  
Teach Me to Pray  
Thank You, God

# UNITY

## MAGAZINES

### *Are a Year-Long Gift!*

There is one to suit every person on your gift list.

**Weekly Unity.** Comes every week with articles to bring its readers fresh inspiration and spiritual insight. Also contains poems and features. Published weekly, \$1 a year.

**Unity.** Unity's oldest magazine presents stimulating reading along metaphysical lines by Charles Fillmore and other fine Truth writers. Published monthly, \$1 a year.

**Good Business.** This magazine is published for everyone in the business of making a living, and shows how Christian principles help one succeed. Published monthly, \$1 a year.

**You.** Through its up-to-date and interesting articles, stories, and poems, *You* answers the quest of teen-agers for really helpful inspirational reading. Published monthly, \$1 a year.

**Wee Wisdom.** Every feature in this bright, colorful children's magazine is chosen for character-building quality. Helps children absorb Truth ideas. New design and larger size beginning in December. Published monthly, \$2 a year.

**DAILY WORD.** Whose features you are of course familiar with. Published monthly, \$1 a year.

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## *Immortal Child*

JAMES DILLET FREEMAN

A wonderful child looks out of our heart,  
Who always expects the world to be  
Like a county fair or a cherry tart  
Or a lollypop or a Christmas tree.

All days are Christmas, to his mind;  
His heart anticipates surprise;  
On every hand he expects to find  
Miracles happening under his eyes.

Oh, the unbelievable marvelous  
Takes place for him on every hand!  
Why it never occurs to the rest of us,  
Is what he puzzles to understand.

For a dream and a faith can tear asunder  
Old limitations and build anew;  
For the wonder of man is his power of wonder,  
And a truth is only a dream come true.



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